

Community Enrichment & Resilience for Town and Parish Councils

Thursday 30th March 2023, 6.30pm – 9pm Delivered by Mike Deegan, Michael Deegan Consulting

This session provides invaluable guidance to understand the growing health and welfare concerns in our communities; and offers practical advice and examples how local councils can help tackle many of these issues.

An outline of current issues around Health and Wellbeing will consider; -

- Factors such as Isolation and Loneliness
- National and county evidence and information
- Triggers, Indicators and Impacts
- •Know your local community
- •The effect of the COVID-19 Pandemic and Cost of Living Crisis

The session will also examine the role Local Council's can play; -

- Building strong and cohesive communities
- •What support is there for local councils and how to find it?
- •Working in partnership with other organisations
- •What works well; good practice and successful case studies

Mike Deegan has over 20 years' experience working in nature conservation and a decade as a councillor with his local parish council, where he has developed award winning biodiversity and community projects

Member delegate: £30

Please make your booking on-line <u>CLICK HERE</u>
PLEASE PLACE YOUR BOOKING THROUGH YOUR CLERK