

## **Health & Wellbeing (two-part event) for Town and Parish Councils**

**Thursdays 20<sup>th</sup> & 27 July 2023, 6.30pm –8pm  
Delivered by Mike Deegan, Michael Deegan Consulting**

*These sessions provide invaluable guidance to understand the growing health and welfare concerns in our communities; and offers practical advice and examples how local councils can help tackle many of these issues.*

The first evening provides an outline of the current issues around community Health & Wellbeing in Shropshire and considers; -

- Factors such as Isolation and Loneliness
- Triggers, Indicators and Impacts
- The effect of the COVID-19 Pandemic and Cost of Living Crisis
- National and county evidence and information

The second session will examine the practical role Local Council's can play; -

- Building strong and cohesive communities
- What support is there for local councils and how to find it?
- Working in partnership with other organisations
- What works well; good practice and successful case studies

*Mike Deegan has over 20 years' experience working in nature conservation and a decade as a councillor with his local parish council, where he has developed award winning biodiversity and community projects*

**Member delegate: £40**

**Please make your booking on-line [CLICK HERE](#)  
PLEASE PLACE YOUR BOOKING THROUGH YOUR CLERK**